

Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 11:46 AM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name angelique Cerniglia

Email br

Phone

Address

City Pasadena

State CA

Zip Code 91104

Meeting Date May 18, 2020

Agenda Item Number 16B

Comments I have been a member of Hcfp for the past 2 yrs and I MAINLY come 2 the gym 4my Mental Well Being. I have been diagnosed w/anxiety disorder called trichotillomania and have had tremendous success w/my anxiety with this disorder frm being able 2 come2 gym. I also have improved my weight/muscle tone quite a bit as well as confidence level. I feel its IMPARATIVE to my mental health to return!

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This Gym 100% gives me MORE STRENGTH in my immune system and I believe gives me a higher rate of SURVIVING ANY virus. Not only does it give me that strength It gives me GREAT Motivation and Joy to be able to workout with my friends at the gym more so than EVER working out at home.

I feel EXTREMELY CONFIDENT that Carmen and Jovan will responsibly make sure that all of our safety is taken VERY seriously and can reopen with ALL of our SAEFTY in mind. I BEG of you to please let us return to the "new normal" of working out and let me return to my BETTER mental health.

I believe that my gym is ESSENTIAL in determining the state of my anxiety level/my disorder.

**I consent to have Yes
my comment read
out loud during the
meeting.**

User Information IP Address: 108.203.12.248 User-Agent (Browser/OS): Google Chrome 81.0.4044.138 / Windows Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 11:46 AM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item Item 16B

Name Yadira Salinas

Email

Phone

Address

City Altadena

State CA

Zip Code 91001

Meeting Date May 18, 2020

**Agenda Item
Number** Item 16B

Comments Good day,
Please allow for public participation. Being a stay at home mom having some active motion with others helps my day by releasing stress and anxiety. I kindly ask for public participation to be allowed with precautionary procedures in place. During this time, we (I) need community..even if it's at a distance.
In health, Yadira Salinas.

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I consent to have No
my comment read
out loud during the
meeting.

User Information IP Address: 174.193.130.120 User-Agent (Browser/OS): Apple Safari 13.0.5 / OS X Referrer:
<https://www.cityofpasadena.net/city-clerk/public-comment/>

Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 11:48 AM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name Lorena Recinos

Email

Phone

Address

City Glendale

State CA

Zip Code 91204

Meeting Date May 18, 2020

Agenda Item Number 16B

Comments I would like to Petition for Agenda 16B to allow small group exercise classes outdoors or in a park since the gyms are closed. My gym can do these small exercise classes outdoors and keep six feet distance.

I consent to have my comment read out loud during the meeting. Yes

User Information IP Address: 174.193.132.146 User-Agent (Browser/OS): Google Chrome 4.0 / Android
Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

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Item 16 B

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From: City Web
Sent: Monday, May 18, 2020 11:48 AM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Name Gabriel Esteban

City Pasadena

State CA

Zip Code 91107

Meeting Date May 18, 2020

Agenda Item Number 16 B

Comments This gym has greatly impacted the lives of many in Pasadena. I believe that Hardcore fitness would do what is necessary and safe in order to keep the community safe, themselves safe at the same time impact the lives of others through health and fitness.

I consent to have my comment read out loud during the meeting. No

User Information IP Address: 174.81.4.42 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

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Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 11:51 AM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16b

Public Comment for Meeting on May 18, 2020 about Agenda Item 16b

Name	Manuel Arteaga
Email	
Phone	
Address	
City	Pasadena
State	CA
Zip Code	91104
Meeting Date	May 18, 2020
Agenda Item Number	16b
Comments	It's important for my health and mental health
I consent to have my comment read out loud during the meeting.	Yes

User Information IP Address: 174.193.138.74 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

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Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 11:56 AM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16b

Public Comment for Meeting on May 18, 2020 about Agenda Item 16b

Name	Lorraine Lopez
Email	
Phone	
Address	
City	Pasadena
State	CA
Zip Code	90032
Meeting Date	May 18, 2020
Agenda Item Number	16b
Comments	I am in favor of supporting small group workouts in the park.
I consent to have my comment read out loud during the meeting.	No

User Information IP Address: 76.174.86.240 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

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From: City Web
Sent: Monday, May 18, 2020 11:56 AM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name Akshay Chopra

Email n

Phone

Address

City Pasadena

State CA

Zip Code 91103

Meeting Date May 18, 2020

Agenda Item Number 16B

Comments Small group workouts should be allowed in parks or private parking lots

I consent to have my comment read Yes
out loud during the meeting.

User Information IP Address: 172.58.21.237 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

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Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 11:59 AM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name Christina Neumeister

Email

City Pasadena

State CA

Zip Code 91107

Meeting Date May 18, 2020

Agenda Item 16B

Number

Comments Hello,

I wanted to submit a statement in support of the owners of Hardcore Fitness Pasadena offering workout options in compliance with current social distancing standards. I have been a Pasadena resident for 4 years and a member of this gym community since it's opening in 2018. I think allowing this gym to offer live workout options would be beneficial to both my beloved gym community and Pasadena as a whole for multiple reasons. 1) It is a great outlet for people to workout and maintain a sense of community in these stressful times. 2) I know firsthand that it can be a struggle to

maintain a healthy routine at home, and this would provide our community with a way to return to a healthy, active routine. 3) Hardcore Fitness Pasadena is a wonderful Pasadena local businesses, and this would be greatly beneficial for the gym to get through the economic struggle at this time. 4) I know the owners and members would be vigilant in upholding appropriate social distancing and infection control standards. I strongly urge the council to vote in favor of Hardcore Fitness's proposal on this topic. Thank you.

I consent to have No
my comment read
out loud during the
meeting.

User Information IP Address: 24.205.88.104 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 12:01 PM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name Tammie nguyen

Email :

Phone

Address

City Arcadia

State CA

Zip Code 91006

Meeting Date May 18, 2020

Agenda Item Number 16B

Comments Please consider this agenda, we are all gym be able to open again but that does not look like it will happen any time soon. This request is for our trainers to be able to facilitate a safe with social distancing workout approach to help us with our mental health.

I consent to have my comment read Yes

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out loud during the
meeting.

User Information IP Address: 47.41.213.50 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer:
<https://www.cityofpasadena.net/city-clerk/public-comment/>

Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 12:01 PM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name Yadira Lam

Email y.lam@pasadena.net

Phone 626.799.1111

Address 1111 N. GARDEN ST.

City PASADENA

State California

Zip Code 91103

Meeting Date May 18, 2020

Agenda Item Number 16B

Comments Dear Mayor and Council members,

I find the passing of item 16b to be extremely important for our community. This pandemic has affected everyone in different ways, and I, as a stay-at-home mother, have tried to stay positive and healthy. I have attempted to do different online workouts as well as jog up and down my driveway. At home I have no privacy, continuous interruptions by my four-year-old cut my workouts

short. Having somewhere to go to workout while taking the safety precautions will not only help me and others stay physically healthy, but also help our stress and mental health. Please pass 16b.

I consent to have my Yes
comment read out
loud during the
meeting.

User Information IP Address: 174.85.38.72 User-Agent (Browser/OS): Google Chrome 75.0.3770.143 /
Android Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 12:03 PM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16b

Public Comment for Meeting on May 18, 2020 about Agenda Item 16b

Name Jovan Anaya

Email j

Phone :

Address 2

City Pasadena

State CA

Zip Code 91107

Meeting Date May 18, 2020

Agenda Item Number 16b

Comments My Name is Jovan Anaya I own Hardcore Fitness Pasadena . Our gym is a small boutique gym and we can operate with all the safety precautions like supermarkets and other business who have opened are doing. We would like the opportunity to offer our members the choice to workout in the park our our parking lot. Our members are affected enough with this pandemic , taking away this health release is only affecting their mental and emotional health more.

I consent to have Yes
my comment read
out loud during the
meeting.

User Information IP Address: 172.119.153.129 User-Agent (Browser/OS): Google Chrome 81.0.4044.129 / OS
X Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

Martinez, Ruben

From: City Web
Sent: Monday, May 18, 2020 12:11 PM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name Erika Avila
Email e:
Phone 9
Address
City South Pasadena
State CA
Zip Code 91030
Meeting Date May 18, 2020
Agenda Item Number 16B

Comments Hardcore fitness from pasadena isn't just a gym. It's more of a family. Mostly everyone used this gym as an escape from their norm and their on realities in life . I know doors can't be open as of yet to work out. But we are asking to have group workouts in the park with respect of social distancing. This will help not only the owners of the gym but also the clients they call family .

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I consent to have my Yes
comment read out
loud during the
meeting.

User Information IP Address: 107.184.49.229 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer:
<https://www.cityofpasadena.net/city-clerk/public-comment/>

From: City Web
Sent: Monday, May 18, 2020 12:15 PM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Name Katia Derderian

Email

Address

City Pasadena

State CA

Zip Code 91107

Meeting Date May 18, 2020

Agenda Item Number 16 B

Comments Our gym community is anxious for the reopening of our beloved gym but understand the need to uphold the health and safety of its members by remaining closed. In the interim, we would like the opportunity to participate in small outdoor group sessions in a park setting or any possibility that would allow members to continue with our workouts and have our gym location remain apart of our community. We cherish our short time each day at this gym and receive so much for our health and wellness from what they offer. I ask that these wonderful business owners are allowed to continue

operating in this new reality with the needed requirements to ensure everyone's safety.

I consent to have Yes
my comment read
out loud during the
meeting.

User Information IP Address: 76.171.168.218 User-Agent (Browser/OS): Google Chrome 75.0.3770.143 /
Android Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

From: City Web
Sent: Monday, May 18, 2020 12:26 PM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Name Shalini Tharani

Email om

Phone

Address

City Pasadena

State CA

Zip Code 91101

Meeting Date May 18, 2020

Agenda Item 16 B

Number

Comments Please allow our local gyms to open with social distancing guidelines in place, and/or allowing trainers to hold private small groups of exercise. I feel if we can all do our part and comply with social distancing in public places, we should be able to resume some normalization. Working out is healthy, and helps people with anxiety and depression, and as a practioner, feel this is really important currently for people's mental health. Please all small

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group trainings in public places with or without use of weight equipment

I consent to have No
my comment read
out loud during the
meeting.

User Information IP Address: 75.142.49.184 User-Agent (Browser/OS): Google Chrome 4.0 / Android
Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>

From: City Web
Sent: Monday, May 18, 2020 12:33 PM
To: Public Comment; City_Council
Subject: Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name Alex Hernandez
Email a
Phone
Address L Q
City Monterey Park
State CA
Zip Code 91755
Meeting Date May 18, 2020
Agenda Item Number 16B

Comments Hi my name is Alex, I'm a member of Hardcore Fitness a gym in Pasadena, I joined this gym in July of 2019 and it helped me relieve my stress and anxiety throughout the time I was taking classes it also helped me with my AD-HD with me being hyperactive most of the time. Then the pandemic began and it took that away from me. I would like to ask you to consider letting our owners Carmen and Jovan partially reopening their gym for our mental health and

everything else, we need in person activities with social distancing measures of course to interact with others. They offer livestream workouts at home but it's not doing it for me, I need to have others around to guide me and interact with to help with my emotional and mental health. They have a big space parking lot where they can hold 30 min classes or they can at the park as well. Please consider helping reopening this gym partially at least for all the members of this gym and other gyms as well as we all want to return to what makes us the most happiest and accomplished, during this crazy time.

I consent to have my comment read out loud during the meeting. Yes

User Information IP Address: 66.215.68.166 User-Agent (Browser/OS): Apple Safari 13.0.1 / OS X Referrer: <https://www.cityofpasadena.net/city-clerk/public-comment/>