





### **Youth Master Plan Update**

FEBRUARY 8, 2016 ITEM NO. 4







### **BACKGROUND & PURPOSE**

- To identify the needs of young people based on direct feedback
  - Using a survey tool
  - Multi-jurisdictional effort
    - Participants included:
      - PUSD
      - City of Pasadena
      - Partnership for Children, Youth and Families
      - Day One
      - Lake Avenue Community Foundation
      - Boys and Girls Club Flintridge Center
      - Learning Works Charter School
      - All Saints Church
      - Hillsides/ Youth Moving On
- To inform policymakers of the identified needs







#### THE HISTORY

- 2004-2010: The Asset Development Network realizing that the City of Pasadena did not have a plan focused on the needs of youth began to study Youth Master Plans from other cities.
- 2012: The Asset Development Network reconvened to refocus on the development of a Youth Master Plan.
- 2013: A multi-disciplinary group from local organizations and schools created a survey that would begin to form the development of Pasadena's Youth Master Plan. The Youth survey was intended to serve as a resource (1) to help to develop effective planning for the youth and (2) to address protective and risk factors and identify gaps in services.



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### THE HISTORY CONTINUED

- February 2014: The Youth Master Plan Survey
   Findings were presented at the Joint Meeting of the City
   Council and the Pasadena Unified School District.
- 2014-2015: The Strategies of the Youth Master Plan were drafted and written by work groups of youth and youth serving community agencies.
- 2015: The draft plan was sent to departments within the PUSD, the City and local agencies for comments and feedback.



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#### THE METHODOLOLGY: THE YOUTH MASTER PLAN SURVEY

- The Youth Master Plan Survey (YMPS) was developed and conducted by local area youth volunteers in the Pasadena Unified School District service area.
- Eligible students, ages 11 to 18, living or going to school in the cities of Pasadena, Altadena, Sierra Madre, and parts of La Canada Flintridge were selected to voluntarily respond to the survey.
- A broad representation of schools, both public and private, genders, ethnicities, and zip codes were part of this sample. Over 425 youth were surveyed. Students responded to 42 multiple choice questions about the quality of the experiences they have in their schools and neighborhoods, as well as to the extent to which they feel prepared for their futures.
- In all, 283 surveys were collected and used for analysis.
- An additional 150 youth and adults were engaged in public forums that provided opportunities to solicit input from community members, examine data, identify priority indicators, discuss the root causes of challenges to successful youth development and develop steps for action.







#### SURVEY METHODOLOGY CONTINUED

 The survey focused on those areas that are essential to protective factors that contribute to healthy development as well as risk factors that can adversely affect development. These include the following:

Health and Wellness
Substance Abuse
Mental Health
Home Life
Participation in Sports and Physical Activity
Education & Job Attainment
Transportation
Respect Levels
Bullying
Violence and Safety







### SIX PRIORITY AREAS - Based on survey results

- Access To Healthy Food Environments: Youth should have access to a variety of choices and have high-quality foods available to them at all times.
- Life Ready: A community that is committed to support opportunities for enrichment, higher education, and careers for all youth.
- Feeling Free To Be Me: Ensure all Pasadena youth are living/thriving in a safe, supportive, and bully-free environment, especially at home, school and other places where they interact in our community.
- United Youth Support: Create a comprehensive support system that connects all aspects of youth development.
- Buses & Bikes: Access for all youth to an effective and affordable public transportation system and viable methods to get around Pasadena.
- Drugs, Alcohol & Tobacco: Pasadena is committed to advancing positive health by providing youth friendly alcohol and drug prevention, intervention, and support services to youth.



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### **Next Steps:**

- Since completion of the survey a number of positive efforts to align youth resources have been initiated:
  - Collaborate Pasadena
  - · Early Child Development policy
  - · Establishment of the Early Childhood Coordinator
  - · PUSD is undertaking Master Planning Effort
  - Several City departments are furthering efforts identified by the survey
- The Youth Council will continue to monitor these efforts, promote inclusion in various plans, work with the City, PUSD and non-profits to further the effort and document achievements through updates to the Youth Master Plan