



**Pasadena
Youth Master Plan
Progress Report 2019**

OVERVIEW

This Youth Master Plan provides a blueprint for Pasadena as it seeks to create a community where youth are seen as assets and thus are able to thrive and reach their full potential. The Plan aspires to maximize taxpayer and private investment and to improve outcomes for all youth regardless of where they live and what schools they attend. The Plan envisions a Pasadena with youth-serving culture that is more than the sum of its parts—a city where each program and initiative collaborates to boost outcomes for individual children and families, while creating a culture of safety, of social and civic engagement, and academic and vocational aspirations. Based on tremendous youth input and participation, a set of Guiding Principles were crafted by the Planning Team to create a vision for what our community will look like once the plan is implemented. These principles focus on all young people from birth through 18 who reside in the city of Pasadena.

About the Pasadena Youth Master Planning Process

The words that were evoked throughout the process of designing the Youth Master Plan were: Relationships, Relevance and Rigor.

Community partners have worked diligently for more than four years to ensure that the priorities identified by our youth move forward.

The Design Team was comprised of more than 100 youth, parents, administrative and community leaders, including representatives from the following organizations: Hillsides, Youth Moving On, Pasadena Public Library, Day One, Boys and Girls Clubs of Pasadena, Pasadena Youth Council, Pasadena Public Health Department, Flintridge Center, Lake Avenue Church, Youth Ambassadors, La Pintoresca Teen Education Center, Pasadena Unified School District, Learning Works Charter School, Teen Futures, All Saints Church, Pasadena Polytechnic School, Pasadena Human PACTL, Services and Recreation Department, Pasadena Public Health Department, Pasadena City College, STARS, Black Student Union, Human Services Commission, Fuller Theological Seminary, Recreation and Parks Commission, City of Pasadena.

PRIORITY AREAS

1. Access to healthy Food environments: youth should have access to a variety of choices and have high-quality foods available to them at all times.
2. Life ready: a Pasadena community that is committed to supporting opportunities for enrichment, higher education, and careers for all youth.
3. Feeling Free to Be Me: ensure all Pasadena youth are living/thriving in a safe, supportive, and bully-free environment, especially at home, school and other places where they interact in our community.
4. United youth support: create a comprehensive support system that connects all aspects of youth development.
5. Buses & Bikes: access for all youth to an effective and more affordable public transportation system and viable methods to get around Pasadena.
6. Drugs, alcohol & Tobacco: Pasadena is committed to advancing positive health by providing youth friendly alcohol and drug prevention, intervention, and support services to youth.

HIGHLIGHTED AREAS

As you review the Progress Report you will find that certain strategies within priority areas have been highlighted. This is to help the reader identify key accomplishments that we would like to point out within the plan.

Reflections from the 2019 State of the Youth:

Emerging Youth Priority Areas for 2020:

- **Sustainability-** Working in partnership with the city, schools, and community to make Pasadena as sustainable as possible by adopting ordinances, policies, and best practices that demonstrate our commitment to a green planet.
- **Mental Health Support-** Providing quality Mental Health Support that is easily accessible, trustworthy, and private.
- **Immigration/Parent Safety-** Providing support and resources for families of students who are undocumented and could be possibly facing detention and deportation.
- **Shared Governance-** Ensuring youth are consulted with in a meaningful way when making big decisions. Ie. School closures, adoption of new school policies, and city plans that have a direct impact on youth.

Current Concerns:

- Decreased number of Summer Rose positions
- Removal of Summer Rose Placements at local nonprofits and churches
- Deletion of the Pasadena Youth Grants

Student Recommendations:

- Courses on Budgeting/Taxes/ Financial Literacy/Life Skills
- Job preparation through resume writing/interview skills/career planning
- More access to school guidance counselors/ graduation plan for each student
- Safe, reliable, affordable transportation/ safety monitors after school.
- Affordable fun, local outlets (we feel priced out of our community/can't afford the movies or ice-skating rink)
- Better lit neighborhoods/bus shelters/parks
- Cohesive sidewalks that are connected/well-lit and safe
- Drug-free communities/drug education courses/healthy alternative activities
- Bathroom monitors/students regularly use vape pens/edibles in classrooms

YOUTH MASTER PLAN

PRIORITY AREA 1: Access to Healthy Food Environment – Youth should have access to a variety of choices and high-quality foods available at all times

Strategy 1: Develop communication structure with PUSD Nutrition Director

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
1.1 Meet with PUSD Director Child Nutrition Services	Quarterly	Day One Dowell HA PUSD FS		✓	✓	PUSD Nutrition Council meets quarterly-ongoing	Need to include more youth in Nutrition Council, Day One will take lead
1.2 Form School Wellness Councils comprising of students at each school	All High Schools by 10/01/16 – ongoing	Day One PUSD HS		✓	✓	Day One Staff meets with PUSD Wellness Council monthly. Youth Advocates provide student feedback to council via staff.	Day One will continue to recruit youth and community partners to attend the council
1.3 Post nutritional values of food	Available now	PUSD Food Services PPHD		✓		Nutritional values have been posted online for last 3 years. Needs to be visible at school Information can be accessed by visiting: pusdfoodfun101.com	Day One staff is partnering with PUSD food Services to implement Smarter Lunchroom Strategies. Posting nutritional values in cafeterias and on PUSD app are part of the SMART goals.
1.4 Review and provide feedback on PUSD menu, policies and practices. “The Lab”	Quarterly	Dowell HA PUSD HP PUSD FS Day One PPHD		✓	✓	Participate in presentations to the PUSD School Board -occur quarterly on nutrition	Share School Board calendar with School Wellness Councils to encourage feedback.
1.5 Provide feedback at School Board meetings	Quarterly	Dowell HA PUSD HP Day One PPHD	✓	✓	✓	Participate in presentations to the PUSD School Board – occur each year on nutrition	Share School Board calendar with School Wellness Councils to encourage feedback.
1.6 Provide “Brain Food” – health snacks in class	Ongoing	PUSD FS Day One		✓	✓	Needs additional funding and school buy-in	Explore feasibility and if possible, potential funding
1.7 Provide feedback on cafeteria environment	Quarterly	Dowell HA PPHD PUSD FS Day One	✓	✓	✓	Presentations to the PUSD School Board occur each year on nutrition-from students as well	Develop assessment tool with PPHD, conduct youth survey, present feedback to the wellness councils, and school board.
1.8 Move towards a sustainable cafeteria	Ongoing	Day One PPHD PUSD FS		✓		PUSD looking for other opportunities to be ‘sustainable’. PUSD now offers sustainable plates in all school cafeterias	PUSD will be implementing Farm to School initiative. PUSD has continued to offer more farm to table ingredients in cafeterias.
1.9 Every student should have access to a free lunch	Ongoing	PUSD HP PUSD FS		✓		65% of PUSD students have access to free meals; for those not eligible, students are not	Reach out to youth to ensure families fill out free and reduced-

						allowed to run a negative balance on school purchases, so credit is not extended; however, there is an emergency food option (no one goes hungry). 22 after school programs provide supper to 3,500 students daily	price meal applications at beginning of the school year. If not eligible, encourage parents pre-pay for lunches online: www.myschoolbucks.com
1.10 Improve friendliness of cafeteria staff	Ongoing	Day One PUSD FS PPHD		✓		Three customer service trainings have been provided for cafeteria staff in the past two years.	See Strategy 2 below

Strategy 2: Implement monthly student satisfaction survey with random sampling of at least 10-15 students per school

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
2.1 Develop survey assessing food choices, food quality and customer service	Quarterly	Dowell HA Day One PPHD		✓	✓	Presentations to the PUSD School Board occur each year on nutrition	Develop assessment tool with PPHD, conduct youth survey, present feedback to the wellness councils, and school board.
2.2 Pilot survey prior to implementation with students and PUSD staff	Quarterly	Dowell HA PUSD FS PPHD			✓	Presentations to the PUSD School Board occur each year on nutrition	Develop assessment tool with PPHD, conduct youth survey, present feedback to the wellness councils, and school board.
2.3 Present survey reports to PUSD School Board every semester	Quarterly	Dowell HA PPHD PUSD FS		✓		Presentations to the PUSD School Board occur each year on nutrition	Develop assessment tool with PPHD, conduct youth survey, present feedback to the wellness councils, and school board.
2.4 Use Instagram, snapchat to share images of healthy food tips to promote positive choices & train student in technology and purpose	Quarterly	Dowell HA PPHD PUSD FS		✓		Presentations to the PUSD School Board occur each year on nutrition	Develop assessment tool with PPHD, conduct youth survey, present feedback to the wellness councils, and school board.

Strategy 3: Improve/Increase nutrition education

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Change youth attitudes towards food/sugar	Ongoing	PPHD Day One PUSD HP PUSD FS BGCP STARS	✓	✓	✓	<p>“rethink your drink” campaign aimed to reduce consumption of sugary beverages provided at 10 elementary schools, 4 high schools.</p> <p>Day One staff has provided over 150 nutrition/” rethink your drink” lessons to PUSD students from 2017-2020.</p> <p>STARS provides nutrition enrichments for K-12 students in afterschool program.</p> <p>Day One staff partnered with PUSD Food Services to install “flavor stations” at Blair, Muir and Rose City High Schools.</p>	PUSD, PPHD, Day One continue to provide outreach, promotion and youth involvement.
3.2 Identify organizations that will be able to be nutrition partners	Ongoing	Day One PUSD HP PUSD FS, Day One PPHD City of Pas BGCP	✓	✓	✓	<p>PUSD Wellness Council has established partnership with nutrition partners who have been active the past two years.</p> <p>City has implemented Health Meetings Manual which includes nutrition policies and healthy guidelines for all City-sponsored programs and events.</p> <p>BGCP provides healthy lifestyle programming.</p>	Outreach efforts of PUSD Wellness councils.
3.3 Increasing nutrition education/ marketing on campuses. 1) Cafeteria beautification; 2) Food demos at schools using produce from school gardens 3) Health Education	Ongoing	Day One, PPHD PUSD FS PUSD FS		✓	✓	<p>Cafeteria beautification/ renovations with Measure TT bond funds</p> <p>Day One partnered with PUSD Health Programs to implement the #FeelGOOD campaign, which teaches youth to: 1)eat well, 2) get active 3) stress less The campaign will take place at 5 PUSD schools during National Nutrition Month.</p> <p>Healthy fundraising Toolkits are being developed, and will be shared with PUSD.</p>	Seek additional funding to support innovative ideas and partnerships.

YOUTH MASTER PLAN

PRIORITY AREA 2: LIFE READY – a Pasadena community that is committed to providing students with access to the arts, professional enrichment, higher education, and meaningful careers.

Strategy 1: Encourage PUSD and other Pasadena area schools to include internships* and quality job readiness* during school, after school, and via summer employment trainings.

Action(s)	Timeframe	YMP Lead(s)	City	School	Community	Progress/Resources/Notes	Next Steps
1.1 Hold a meeting with PUSD, City of Pasadena, Chamber of Commerce & Non-profits, private school representatives, universities to move this idea forward	06/01/17	PUSD City of Pas Rose Program PYA Ideal Youth Foothill Workforce	✓	✓	✓	Internships are part of a work-based learning continuum, as researched and developed by NAF. PUSD currently offers the following NAF Academies: Creative Arts Media & Design (CAMAD) Law and Public Service (LPS) Business and Entrepreneurship (BE) Engineering & Env. Science (EESA) Arts Media and Entertainment (AEM) Health Careers Academy (HCA)	Increase incentives for students. Build capacity of all CTE teachers (not just Pathways CTE teachers) to build business partnerships so that WBL opportunities can expand.
1.2 Request that the City of Pasadena partner with PUSD to provide internships & paid jobs to provide job readiness	Happening now between Ideal Youth, Chamber of Commerce and PUSD	PUSD City of Pas Rose Prog PYA Ideal Youth Chamber Foothill Workforce Library AYA	✓	✓		PUSD Pathways has begun discussions with the City of Pasadena Parks and Recreation about training non-Pathways students and placing specific Pathways students in paid internships. Library has hosted youth interns in partnership with Chamber and PUSD. ROSE program is now an internship.	Unify efforts across organizations engaged in the work.
1.3 Form relationships with local businesses to create internship/job opportunities	Ongoing	PUSD City of Pas PYA Ideal Youth Chamber Foothill Workforce STARS	✓	✓	✓	All PUSD Academies currently have advisory boards that consist of business partners that offer work-based learning opportunities, including internships, job shadowing, guest speaking, mentoring. STARS & Rosebud Café partnered to provide Rose City student internships.	44% of students in PUSD are in Pathways; new grad requirements will mean that all students take a CTE class by the time they graduate.
1.4 Follow-up to see if	Ongoing	PUSD		✓		Students who are placed in internships	Share learning experiences with a

students are learning at the business internships and if opportunities are being created		City of Pas PYA Ideal Youth Chamber Foothill Workforce	✓			take pre-internship training and a course, which includes a graded final project. Students in Senior year present Learning outcomes from internships to underclassmen and advisory boards.	wider variety of audiences.
1.5 Develop training for businesses to host interns and establish relationships	Every Semester	PUSD SBDC Ideal Youth Chamber	✓	✓	✓	Discussed at district-wide advisory board meetings.	Attend follow up meetings to continue progress
1.6 Create incentives for students to participate, pay, laptops, school credit, gift cards, scholarships, tickets for concerts and special events.	Ongoing	PUSD City of Pas Rose Prog PYA Ideal Youth Chamber Foothill Workforce AYA	✓	✓	✓	All Pathways interns receive compensation, either through paid internships or donations to PEF's Internship Account. PUSD internship requirement can also be met through work experiences (up to 80 hours credit for job training). Interns receive school credit for the internship elective. At levelUP conference the library offers incentives for the student facilitators.	Need is ongoing Ask Businesses to donate incentives Use LiveLoud App to amplify youth opportunities to students
1.7 Create advisory team- include teachers and local businesses	02/01/17	PUSD Ideal Youth Chamber		✓	✓	See 1.3	Partner with DAT/CAT to develop
1.8 Align work-based learning opportunities and internships. Connect CSL opportunities with PUSD requirements	Annually	PUSD City of Pasadena Ideal Youth Chamber Library	✓	✓	✓	Chamber of Commerce and Armory Center for the Arts are currently engaged in aligning WBL to Academy-specific needs. Chamber has an internship site up. In 2019, all PUSD graduates will be required to complete at least 40 hours of WBL/Community Service	Continue to work with multiple entities to ensure that WBL opportunities are provided, since it's now a requirement. Youth Leadership Curriculum
1.9 Expand Summer Rose Program to be year-round		City of Pasadena	✓	✓	✓	Work with leaders to see what we can do to make this happen.	Funding of a year-round program is required.

Strategy 2: Teach youth how to set goals, and provide them with the support needed to accomplish them.

Action(s)	Timeframe	YMP Lead(s)	City	School	Community	Progress/Resources/Notes	Next Steps
2.1 Invite professionals to the classroom to speak about their careers	Ongoing	PUSD City Ideal Youth Chamber Young & Healthy AYA Stars BGBC	✓	✓	✓	<p>Pathways students are currently receiving a <u>minimum</u> of 17 guest speakers over 4 years (the actual number is much higher).</p> <p>Flintridge - YOP students hear from guests' speakers during life skills sessions following tutoring</p> <p>Youth Ambassadors have workshops where guest speakers introduce themselves and their careers.</p> <p>AYA Academy - Brings professional speakers to the classroom. In 2019 presentations were held at Marshall and Rose City.</p> <p>Stars invites professionals to speak to students in their afterschool programs.</p>	Work with PUSD Career academies to further develop this
2.2 Develop various teen resources; resource directory; survival guide for teens	Annually	PUSD City PYA Ideal Youth Chamber Library	✓	✓	✓	<p>Health Department Website: PUSD, Chamber, Website under construction by local non-profits</p> <p>Flintridge - MSW/BSW interns created resource directory for parents.</p> <p>Library- Youth Leadership Curriculum will include a section on goal setting. Library has a teen resource guide online cityofpasadena.libguides.com/webteen</p> <p>Pasadena Youth Ambassador website has a calendar filled with events for Youth as well as a scholarship directory.</p> <p>Planned Parenthood Peer Advocates</p>	Further develop resources by partnering with the city resource and summer guide

		AYA				<p>have developed: “Sexual Assault and Harrassment Reporting Guide: By Students for Students”</p> <p>AYA - Teen Wellness Circles</p>	
2.3 Utilize ads/flyers/social media to inform teens about career resources	Ongoing	PUSD City Ideal Youth Chamber Library	✓	✓	✓	<p>Day One “Know before you go” (LA County) Summer opportunities through the City of Pasadena are well advertised.</p> <p>PUSD Academies web sites is live: https://www.pusd.us/Page/711</p> <p>Library shares flyers in Teen Central and via email. Library also developed a monthly teen email newsletter which includes community events and resources (subscribe)</p>	<p>Increase access and visibility to programs</p> <p>https://www.cityofpasadena.net/northwest/youth-ambassadors/scholarships/</p>
2.4 Develop a program that will help students select potential careers, career mentorship, and identify skill building and shadowing opportunities	02/01/17	PUSD City Ideal Youth Chamber BGCP	✓	✓	✓	<p>Could be duplication of 1.0 Workforce Investment Board on Green Street-mobile van can visit various centers and share information.</p>	<p>Work with PUSD Career academies on this</p>
2.5 Provide a teen job coach	02/01/17	PUSD City Ideal Youth Chamber		✓	✓	<p>Pathways provides 8 job shadows or job visits over 4 year years. City of Pasadena 1-day shadow, Law enforcement and others</p>	<p>Explore how we can expand beyond Pathways</p>
2.6 Provide job readiness skills through workshops and training to prepare youth for employment	Ongoing	PUSD City Chamber PYA Ideal Youth Library BGCP Flintridge Center AYA	✓	✓	✓	<p>Ideal youth training, youth moving on (foster), Library teen volunteer program, Day One Youth Advocate Program. CTE teachers actively teach the ECCCO Curriculum (Exploring College Career, and Community Opportunities).</p> <p>Youth Leadership Development developing a youth training guide</p>	<p>Work with PUSD Career Academies, Ideal Youth, and the Chamber of Commerce on this.</p>

						<p>Flintridge- YOP youth work with case managers to identify career related opportunities related to their interests. LevelUP Youth Conference</p> <p>BGCP offers Career Launch and Jr. Staff programs.</p> <p>AYA Academy & Conferences</p>	
2.7 Encourage the PUSD to expand vocational educational courses, such as mechanics, photo, construction, culinary arts, information literacy, among others	Need update information; there are more choices now.	PUSD Ideal Youth Pasadena Chamber		✓	✓	CTE is the “vocational education.” It’s a graduation requirement and we are currently expanding from existing courses which include construction, culinary arts, photography, engineering, graphic design, law and public service, sports medicine, etc.	Meet with PUSD on this

Strategy 3: Create more arts opportunities for youth

Action(s)	Timeframe	YMP Lead(s)	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Expand relationships with local arts organizations and colleges	Ongoing	PUSD Arts City BGCP		✓	✓	Currently 40+ partnerships between Library partners with Art Center College and Armory	Convene more DAT/CAT and NPO meetings
3.2 Expand programs like My Masterpieces, to include high school students to improve communication between PUSD, Arts, Library, & local arts	Ongoing	PUSD Arts City PIO Libraries		✓	✓	“Open Stage”; NEA- funded project, Starts planning Sept 23	Include a DAT/CAT representative to the Partnership for CYF Meeting

<p>3.3 Provide frequent opportunities for students to engage in art classes and other arts opportunities</p>	<p>Ongoing</p>	<p>PUSD City Ideal Youth Chamber Library Day One Light Bringer Room13 BGCP Flintridge ARTworks! STARS</p>	<p>✓</p>	<p>✓</p>	<p>PUSD’s enrollment in arts courses is 58% for middle and high school, which is about 20 points higher than surrounding districts.</p> <p>Flintridge- YOP connects youth to community art opportunities with information and guidance. Flintridge staff are trained in a Window between Worlds curriculum and provide trauma informed art experiences for youth monthly.</p> <p>Library provides hundreds of free arts opportunities annually for youth including workshops, contests, exhibitions, and features in publications.</p> <p>Day One partners with LightBringer to feature student art at Pasadena Art Night (event attendance 2000-4000)</p> <p>BGCP offers art programs for children and teens.</p> <p>STARS provides art enrichment programs for K-12 students in their afterschool programs.</p>	<p>Increase collaboration, access, and communication</p>
<p>3.4 Create internships for students at arts businesses, studios, organizations, and galleries</p>	<p>Ongoing</p>	<p>PUSD City Ideal Youth Chamber</p>	<p>✓</p>	<p>✓</p>	<p>✓</p> <p>Armory is coordinating this on behalf of PUSD Pathways</p>	<p>Convene more DAT/CAT and NPO meetings</p>

3.5 Expand awareness of PUSD 'No Boundaries' annual art exhibition for youth to exhibit their work and offer opportunity for artists to sell their art.	Ongoing	PUSD Arts Pasadena Arts BGCP		✓	✓	Not a feasible role for the arts office to play. What are other ways students could sell art? Partnership with a gallery? Some CAMAD students sell at Jackalope or other art festivals. Places in Pasadena that sell art: local cafes, Vroman's Bookstore, galleries, Library.	Implement a solid communication line between DAT/CAT and NPO's
3.6 Request that the Summer Rose Program identify 12-15 arts internships jobs each summer	05/01/17	PUSD City Rose prog	✓	✓	✓	Assess feasibility of students use Explore mobile galleries and art classes	Work with the city to allocate these positions.
3.7 Develop an art transportation system to take kids from PUSD schools to art programs like ArtWorks, Armory, etc. after school	Ongoing	PUSD City DOT BGCP	✓	✓	✓	Can the City supply bus passes for this using existing infrastructure rather than creating new routes? Assess which local NPO's have vans that we may be able to share to help youth access opportunities.	Meet with the city's transportation department to discuss this.
3.8 Plan and implement 4-6 community mural projects each year	Annually	PUSD City Art Center LightBringer Armory Library Day One	✓	✓	✓	Art Center, LightBringer, Armory, and Day One: Already happening to some degree. Beautiful new mural at Blair-Art Students with Art center students helping. Lots of new murals popping up on Magnet School properties. Community murals in Northwest with youth artist participating	Convene collaborative meeting to discuss

YOUTH MASTER PLAN

PRIORITY AREA 3: FEELING FREE TO BE ME – To ensure all Pasadena youth are living and thriving in a safe, supportive, and bully-free environment-especially at home, school and all other places where they interact in our community.

Strategy 1: consistent and ongoing events to equip youth and parents with practical tools for personal safety

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
1.1 Coordinate/host an anti-bullying event each month to continue to raise awareness about this issue and provide opportunities for youth support and education.	Oct. every month	PYC Day One Library PPHD YMCA AYA		✓	✓	Proclamation at City Council/School Board for bullying PYL-Week of Kindness PPHD recently received a suicide prevention grant that will be implemented at PUSD schools.	Assess current services.
1.2 Events will include: <ul style="list-style-type: none"> ● PYC's Week of Kindness (October) ● All Saints Anti-Bullying Summit (March) ● Annual Suicide Prevention Summit 	Oct March	All Saints PYC City Youth Council PYA Day One BGCP YWCA AYA	✓		✓	Week of Kindness- PYC Denim Day Funding provided- \$1500.00 Annual Pasadena Mental Health Day Event (May) Youth Network comes together and rallies anti bullying and the present a proclamation to Youth council.	Set Data
1.3 Create an annual calendar of monthly activities to inform youth of upcoming events	By March	PYC PYA Day One BGCP YWCA	✓		✓	Many organizations host programs on this topic; collaborate to build calendar and Day One has developed the LiveLoud App that to be the one stop youth communication platform in Pasadena.	Decide on a calendar platform Collect info and add to calendar Day One Live LOUD app that is now available in the apple app store. Current goal is to activate a street team to encourage app use.
1.4 Incorporate anti-bullying and suicide prevention messages into annual community events	Annually	PYC City Youth Council PYA Day One BGCP YWCA	✓	✓	✓	State of the Youth Pasadena Mental Health Day Event Coming Out Day Promote Teen Suicide Prevention hotline 1-800-273-8255	Develop and share PSA's to all three sectors of our community.

<p>1.5 Educate youth on self-care and mental well-being</p>	<p>Apr May Oct</p>	<p>Pasadena Library PPHD PMHAC Y&H AYA Flintridge</p>	<p>✓</p>	<p>✓</p>	<p>✓</p>	<p>Library has a youth mental health resource center (library and online). Library hosted youth mental health training in April 2019. Library created & distributed Youth Mental Health Education Kits to Pasadena educators, students, youth groups; Adelante helped promote & distribute a number of kits.</p> <p>Pasadena Mental Health Day will be taking place on May 30, 2020 at Pasadena Central Library</p> <p>Jackie Robinson center via the PPHD provides mental health care providers for youth and families-wrap around services</p> <p>Flintridge - YOP youth attend annual mental health training at the library; YOP youth are referred to mental health resources as needed; YOP youth receive guidance on self-care and mental health in weekly life skills sessions.</p> <p>Y&H has begun to do Trauma Informed Care and Brain Development with High School Students--- includes self-care</p> <p>Day One, Flintridge Center, CAP, and Lake Avenue church are in their 11th year of offering SKILLZ summer school which delivers 100 PUSD students with multiple F's with a loving environment to develop life skills and credit recovery.</p> <p>AYA Wellness Program - Mindfulness classes & Wellness Workshops & Teen Wellness Circles</p>	<p>Market events to youth</p>
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Strategy 2: develop an advanced holistic social media campaign to improve youth self-image

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
2.1 Raise awareness that the words of bullying “Punking = Bullying = Bagging” All the same thing—use stronger language to define bullying as harassment.	Ongoing	PYC PYA Day One BGCP YWCA PPHD AYA	✓	✓	✓	Build on YWCA’s “Week Without Violence”, Pasadena Youth Councils “Week of Kindness”. AYA Wellness Program - Mindfulness classes & Wellness Workshops & Teen Wellness Circles	This issue will be further discussed at the annual State of the Youth Library holds several workshops a year including at Youth Network
2.2 Use Facebook, Instagram, twitter, snapchat, vine- “Stop” defend your friend to raise awareness about the detrimental effects of bullying	Ongoing	PYC PYA Day One BGCP YWCA PPHD		✓	✓	Hashtag Campaigns→ Similar to the “bored” campaign	Continue conversation with Partnership with Children, Youth and Families regarding next steps for hiring a part-time student to manage social media messages.
2.3 Expand the use of the PUSD’s Nixle system	Ongoing	PUSD		✓		Nixle is a great program. We need to help PUSD increase awareness of this. PUSD recently adopted Gaggle, a school safety company uses a combination of machine learning and human safety experts to review students’ use of online tools. The solution alerts district and school officials when students show signs of self-harm, depression, thoughts of suicide, substance abuse, cyberbullying, unhealthy relationships, and threats of violence against others.	Meet and discuss with Eric Sahakian. The community needs to learn more about Gaggle, and how it works.
2.4 Incorporate positive messaging for teens via the Bored Campaign	Ongoing	PYC PYA Day One BGCP PPHD			✓	Develop a series of anti-bullying PSA’s that can be shared throughout the schools and cities.	Connect with Flintridge Center to revive the bored campaign text messaging system and film a new set of commercials to air.
2.5 Increase exposure of PUSD PSA on Anti-Bullying; update the PSA annually	Ongoing	PUSD PPHD		✓	✓	Work with the core anti-bullying coalition to address next steps for this.	PPHD and PCYF to develop a series of messages that can be shared via the Pasadena Bus Shelters, School Campuses, and Social Media

Strategy 3: Build resilient teens through educational and experiential programs and activities

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Provide teen resiliency workshops on PUSD campuses	Every Semester	PYC City Youth Council PYA Day One BGCP YWCA PPHD Library Y&H PPPSGV STARS AYA	✓	✓	✓	Partner with campus ASB leaders to help organize, develop, and implement these workshops Y&H has begun to do Trauma Informed Care and Brain Development with High School Students---which includes self-care STARS & Day One provides this at Rose City High School AYA provides teen wellness, resilience training, and mindfulness circles.	Initiate the anti-bullying community coalition
3.2 Educate teens in goal setting/personal self-image via CBO's	Annually	PYC City Youth Council PYA Day One BGCP YWCA PPHD Library Y&H AYA PPPSGV Flintridge			✓	Asset Development survey was administered to middle school students a couple years ago. We need to revisit.. LevelUP Conference Library volunteer and internship program PPPSGV provides range of workshops related to skill-building and developing healthy relationships across PUSD. PPPSGV Peer Advocates administered peer surveys on school climate for LGBTQ students. (2019) AYA Wellness Program Activities	Develop a master list of workshops that nonprofits provide to PUSD and include more goal setting, self-esteem, resilience building opportunities.
3.3 Provide 10-12 annual volunteer activities	Annually	Day One, Pasadena Library YMCA Flintridge AYA	✓	✓	✓	Develop a master calendar of nonprofit/city activities that have the capacity to utilize youth volunteers. LiveLoud App will support this goal. Flintridge identifies and supports youth	Identify potential opportunities.

						in a minimum of one volunteer opportunity monthly. AYA - Conference Advisory Committees, Mentor Program, Tutoring	
3.4 Use School ID Mechanism to deal with specific incidences of bullying and then publicize	Annually	PUSD		✓	✓	Convene a more in-depth conversation regarding this with partners and Eric Sahakian's Office.	Meet with Eric Sahakian to further discuss.

Strategy 4: develop a sense of interconnectedness between teens so as to build trusting relationships

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Utilize Parks After Dark programming to bring teens together	Annually	Day One Library YMCA PUSD	✓	✓	✓	Convene collaborative meeting between NPO's, PUSD Learns Program, and City Parks and Recreation to develop comprehensive calendar of youth programming and opportunities.	Convene collaborative meeting between NPO's, PUSD Learns Program, and City Parks and Recreation
3.2 Use Pasadena Youth Grant as a mechanism for teens to work together	Annually- No longer administered	Youth Council	✓	✓	✓	Improve and increase visibility of grant opportunity to students	Ask council why this grant is no longer available.
3.3 Provide more youth events like Youth Month, field trips, Block 9, block party, dances etc. throughout the year.	Annually	PYC PYA Day One BGCP PPHD Library	✓	✓	✓	Need for comprehensive calendar of youth programming and opportunities. LiveLoud help can support this. BLOCK9 consistently served 2000+ students for the past two summers.	Convene collaborative meeting between NPO's, PUSD Learns Program, and Parks & Recs Include all youth activities and opportunities in the Live Loud App
3.4 Organize 4-6 youth fairs annually where teens from all parts of the community are invited and involved	Annually	PYC PYA Day One BGCP PPHD Library AYA	✓	✓	✓	Pasadena Mental Health Day Annual levelUP Conference PPPSGV Peer Advocates planning a convening of GSA clubs across the district (2020) to coordinate LGBTQ support districtwide. AYA Conferences (AYM & AML), AYA also assists in organizing LevelUP	Too many. maybe two a year and inform teens about other events in the City that are age appropriate

Strategy 5: Provide abundant opportunities for increased adult/youth connections

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Increase the number of youth mentors by 25% per year	Review benchmarks annually	PYC PYA Day One BGCP PPHD Library STARS AYA Flintridge		✓	✓	Flintridge YOP youth are mentored by community volunteers forming one-to-one relationships. Staff is trained in trauma informed care techniques. Flintridge also convenes Pasadena Mentoring Partners bringing mentoring organizations together to leverage resources. STARS provides both one-on-one and group mentoring throughout the city. Adelante YA mentorship program.	Work with a group of assessment experts to develop assessment tool.
3.2 Expand mentoring programs Elliot, Washington, Wilson	Ongoing	Day One Library PUSD		✓	✓	Identify next meeting of Pasadena Mentors partners and share areas identified by the Youth Masterplan	Learn of future meeting dates and request to attend.
3.3 Allow opportunities for youth & teachers to build genuine relationships	Ongoing	Day One PUSD		✓	✓	Share best practices NPO's use with the PUSD and discuss the potential for implementing more opportunities for teachers to connect with their students. PPPSGV provides PD on LGBTQ 101 for teachers to improve teacher language and openness for LGBTQ student support.	Youth Leadership Curriculum in progress will include a section for best practices for youth to build relationships with their adult mentors.

YOUTH MASTER PLAN

PRIORITY AREA 4: UNITED YOUTH SUPPORT – create a comprehensive support system that connects all aspects of youth development

Strategy 1: Improve Parent support at home

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
1.1 Develop education for parents—offer parent conference, Parent classes, create parent champions, provide child care, communicate, form relationships, attend parent events	Ongoing	PCYF NPO's LPtec PUSD Counselors PPD Parent groups PTA's LACF PACTL Y&H PPPSGV AYA Flintridge BGCP	✓	✓	✓	<p>PUSD developed the 2019-2020 Parent/Student Handbook, This is an important resource that summarizes your rights, district programs, policies, and procedures.</p> <p>*Providing ESL and GED classes for parents and students through partnership with CIS.</p> <p>WHOLISTIC FAMILY SUPPORT PACTL offers strength -based Adult Education:</p> <ul style="list-style-type: none"> ● Literacy class, primary and secondary education. ● “Reconnecting with Family Wisdom” Parenting classes and supporting family reunification ● Abriendo Puertas (parenting classes focusing 0 to 5 years) ● Family/youth Network meets bi-monthly ● Capacity building for family’s quarterly forums ● Parents learning to be contributors in mutual ● Biennial Parent Conference ● Increase capacity building for parents to understand how the educational system works in the USA and how they can they can help their children succeed ● Increase parents’ ability to engage civically <p>Y&H is doing parent education in Brain</p>	<p>Partner with PUSD to promote this to parents and youth.</p> <p>Share YMP priorities with Collaborate Pasadena Parent Group.</p> <p>Develop a Welcome Wagon (new families to Pasadena receive a welcome packet that includes resources available to help them succeed with their children)</p>

						<p>Development and parenting all across PUSD and the community</p> <p>PPPSGV provides “Let’s Talk” parent communication workshops in Spanish and English.</p> <p>AYA - Monthly Parent Cafe, Mental Health Workshops, Bilingual Computer Classes, Financial Literacy, Tenants Rights, Neighborhood Beautification</p>	
1.2 Create opportunities for parents/kids— community field trips, free family oriented events/cultural (Day One)	Ongoing	NPO’s LPtec City of Pasadena PUSD Counselors PPD Parent groups PACTL Flintridge AYA	✓	✓	✓	<p>PCYF Youth “tour” (programs) Teen Center camps provide some field trips</p> <p>YOP offers quarterly opportunities for youth and families to engage in fun activities such as bowling and arts.</p> <p>Summer field trips to: LA Zoo, Museum of History, Child Development Institute, Family Picnics and family movie night</p> <p>AYA Summer field trips- Clippers games</p>	Develop Master Calendar- convene NPO meeting to motivate NPOs to use the resource.
1.3 Develop an understanding of family situations and parent limitations	Ongoing	PTA’s PUSD/CCC PACTL BGCP		✓		<p>PUSD through the equity and access department is partnering with clergy and NPO’s to determine the needs of all PUSD Families</p> <p>PACTL offers forums for professionals to understand family challenges and to support reframing our approach for family engagement from a strength base</p>	Visitations are being planned for Eliot Middle School and Altadena Elementary Families
1.4 Develop family friendly deals for community events	Ongoing	NPO’s City events have family rates			✓	Work with DAT/CAT to identify free family museum days	Communicate interest with DAT/CAT
1.5 Create more options for parent	Ongoing	PUSD		✓		Hold parent volunteer day at PUSD to inform parents of how and what they	Meet with Parent Resource center and PUSD volunteer center to discuss.

involvement at high schools.						can volunteer for.	
1.6 Create bi-monthly parent gatherings, develop low-cost family events	Ongoing	NPO's PTA's Library Flintridge AYA	✓		✓	Collaborate Pasadena Parent group Library offers thousands of free family events a year. Flintridge hosts bi-monthly family nights AYA Monthly Parent Cafes	Calendar of events

Strategy 2: develop academic support at school

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
2.1 Counseling by local CBO's, community counselors, and community centers	Ongoing	Teen Center Day One LACF JRC Villa Park PPHD	✓	✓	✓	There are currently wrap around services being offered at Jackie Robinson Center.	Provide more awareness in PUSD about the services
2.2 T.A.'s for counselors, teachers, coaches—interns	Ongoing	PUSD		✓	✓	Provide a list of services nonprofit experts have the capacity to share with the school district.	Develop current list of services
2.3 Develop more youth advocate/advisors/ambassadors' opportunities	Ongoing	Day One Teen Center Library BGCP PYA	✓	✓	✓	Identify current list of Youth Advocate and Ambassador programs that are active in the city Pasadena Youth Network is active	Develop current list of services
2.4 Stronger relationship between CBO's and school officials/counselors—through Spirit Days	Ongoing	ASB (PUSD) Campus Clubs		✓	✓	Collaborate Pasadena has started the progress in this area. We will build on it by attending committee meetings and sharing YMP specific areas.	Attend Collaborate PASadena committee meetings.
2.5 Link to PPD Youth Advisors and Explorers	Ongoing	PTA's PALS PPD	✓	✓	✓	The programs are active and accept enrollment on a regular basis.	Understand needs and limitations and identify opportunities to provide and support through NPO partnering.
2.6 NPO's host fairs on school campuses—back 2 school, Club Days, give food away,	Ongoing	PUSD ASB's NPO's	✓	✓	✓	Gain an understanding of how many nonprofits would be interested in participating in a back to school fair.	Convene a meeting where we can all collaborate on implementing an effective week of welcome for

after school							schools
2.7 Organize Welcome Week events on campus.	Ongoing	PUSD ASB's NPO's	✓	✓	✓	Work with the superintendent to discuss this concept.	Look into what the protocol is for conducting an event of this size on campus.
2.8 Develop parent advocates on PUSD schools—language	Ongoing	PTA PACTL	✓	✓	✓	Ask parent resource center to identify active PTAs and parent groups that currently meet.	Assess the various number of parent groups that are currently active.
2.9 Create peer support network	Ongoing	PUSD PTA's AYA	✓	✓	✓	Examine models of peer support groups that exist at schools. AYA Mentor Program & Wellness Circles	Research peer support networks.
2.10 Post words of affirmation at schools	Ongoing	PUSD NPO's	✓	✓	✓	This is currently taking place at some schools.	Form united city messaging
2.11 Provide community service-learning opportunities	Ongoing	PUSD PTA's	✓	✓	✓	Identify PUSD verified volunteer opportunities that allow students to complete required volunteer hours and potentially start a community service-learning course elective option. Library is a verified PUSD volunteer opportunity - hosts approximately 200 teen volunteers annually.	Meet with PUSD to confirm

Strategy 3: develop community support

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Create and implement a comprehensive campaign to increase knowledge & awareness about available support in the community	Ongoing	City Parks PUSD PTA's CCC BGCP	✓	✓	✓	Fuller Seminary, All Saints Church, and the City of Pasadena developed an online resource directory Pasadena Mental Health Resource Guides published by Pasadena Mental Health Advisory Committee, Pasadena Public Library, and Pasadena Public Health	Check in with website project leads to identify projected launch date of the directory.
3.2 Develop website and app with community resources, support, & events	Ongoing	Day One LPTEC PHS Tech Academy Library	✓	✓	✓	Day One has developed the LiveLOUD youth app that will be the one stop communication tool for local youth Fuller Seminary, All Saints Church, and the City of Pasadena are currently collaborating to develop an online	Check in with website project leads to identify projected launch date of the directory. Populate the LiveLOUD App.

						resource directory that can be utilized. Once this tool is developed NPO's can partner to actively promote and activate the use of the site. Libraries online teen resource guide	
3.3 Distribution of materials/handouts-promotional items	Ongoing	City Parks PUSD Library Day One BGCP Flintridge	✓	✓	✓	Library hosts annual Educator Night, welcoming nearly 100 Pasadena Educators where youth program info and resources are shared widely. All City events typically provide information tables representing multiple City departments with giveaways Pasadena Mental Health Day Resource Fair Pasadena Mental Health Resource Guide published by Pasadena Mental Health Advisory Committee and Pasadena Public Library	Ongoing tabling at resource fair and community events.
3.4 Increase after school programs and events for youth	Ongoing	Learns NPO's Library BGCP Day One STARS Flintridge	✓	✓	✓	Library has almost tripled after school program offerings for youth from 2015-2019. Day One has launched the Health Ambassadors program doubling youth participation.	Have NPO's complete a survey capturing the number of youth served per year to develop city wide benchmarks.

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.5 Identify adult allies and mentors	Ongoing	PTA, Teachers, Students	✓	✓	✓	Develop an online database of active adult mentors. Youth Leadership Network	Identify youth mentoring programs.
3.6 Increase opportunities to get involved through volunteerism	Ongoing	PTA, Students, City Parks Day One,	✓	✓	✓	Identify NPO's that currently provide youth volunteering opportunities for youth to engage in.	Assess number of organizations that provide volunteer opportunities.

		Library STARS				Library volunteer opportunities expands to include teen-led initiatives and projects	
3.7 Develop a youth impact report	Ongoing	PTA, PCATL, Youth focused non-profits	✓	✓	✓	Research various types of Youth Impact Reports that can be developed.	Conduct research
3.8 Include youth voice in City, and PUSD plans	Ongoing	ASB, Youth focused non-profits	✓	✓	✓	Monitor issues that affect youth and develop a mechanism to communicate issue alerts to youth.	Conceptualize how this would be implemented and launched.
3.9 Improve technology access network system (information hub for tech. opportunities) such as free wi-fi /computer access	Ongoing	Libraries, Community Centers	✓	✓	✓	Work with Neighborhood Connections and City IT Department to identify WIFI hotspots that can be used throughout the city. Library offers teens access to 3D printers, laser cutters, licensed design software, virtual reality experiences Library lends chrome books, 3d pens, robots, coding kits, and other technologies All city buildings/centers have free WIFI	Meet with City IT Department to look into city hotspots.
3.10 Develop passport/calendar for parents central hub of information	Ongoing	Community Parks	✓	✓	✓	Meet with PUSD Parent Resource center Regarding this.	Design mock passport.
3.11 Create a teen events calendar— shared on snap chat, Instagram, website, App, Parks After Dark, school newspaper, and parent portals.	Ongoing	Youth focused non-profits	✓	✓	✓	Fuller Seminary, All Saints Church, and the City of Pasadena are currently collaborating to develop an online resource directory that can be utilized. Once this tool is developed NPO's can partner to actively promote and activate the use of the site.	Check in with website project leads to identify projected launch date of the directory.

Strategy 4: develop opportunities for youth connectivity

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Create more opportunities for youth to connect with	Ongoing	Collaborate PASadena Supportive	✓	✓	✓	National Night Out (August) Pasadena Mental Health Day (May) BLOCK9 (August)	Identify more opportunities.

community		Communities					
3.2 Develop youth “hang-out” areas	Ongoing	Youth focused non-profits			✓	Library has a teen space (Teen Central) and continues to use youth feedback to improve it. Recently added chromebooks for students to check out, virtual reality and game room.	Assess where students currently hang out.
3.3 Teen Liaison—hire teen outreach coordinator expand Youth Council work plan to include information gathering and distribution	Ongoing	Partnership for Children, Youth, & Families Collaborate PASadena	✓	✓	✓	Youth Council will continue discussion of this topic.	Meeting with Youth Council

YOUTH MASTER PLAN

PRIORITY AREA 5: BUSES & BIKES – access for all youth to an effective and more affordable public transportation system and viable methods to get around Pasadena

Strategy 1: Increase public transportation options for youth

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
1.1 Increase frequency of dedicated buses to/from school, especially in the peak morning/afternoon periods	Not Started	Pasadena Transit DOT Metro PUSD Day One	✓	✓		<ul style="list-style-type: none"> Both Metro and Pasadena Transit have increased route frequency that serve the various high schools. The City provides public access to a geo-located public bicycle infrastructure and route stress levels via City's open data portal. Additional frequency has been added to Route 20 between 1 p.m. – 5 p.m. in July 2018 Pasadena Transit staff met with students in April 2017 as part of Short Range Transit (SRTP) plan process; feedback was in SRTP 	<p>Continue to create student survey or conduct focus groups to identify need/ service gaps</p> <p>To enhance transit frequency along these existing bus lines would require additional funding and is a long-term goal for the Transportation Department look into funding opportunities</p>
1.2 Provide bus service later in the day for students who are involved in afterschool activities	Not Started	PasTransit DOT Metro PUSD Day One	✓	✓		<ul style="list-style-type: none"> Pasadena Transit staff met with students in April 2017 as part of Short Range Transit (SRTP) plan process; feedback was incorporated into SRTP 	<p>Create student survey/focus groups to assess after school needs</p> <p>DOT- City Council to consider SRTS recommendations in Spring 2019</p>
1.3 Ensure that youth can use their student I.D. as a free bus pass (year-round)	2016-Ongoing	Pasadena Transit DOT Metro PUSD Day One	✓	✓	✓	<p>Measure M - Nov 2016 Country Sales Tax Transportation Measure - included funding for subsidized student passes K-college (Not entirely free, but low-cost). Local groups, including Day One, PasCSC, and BikeSGV joined MoveLA in advocating for this Measure.</p> <ul style="list-style-type: none"> Pasadena Transit is not able to subsidize beyond current discounted youth rate of .50. PUSD has programs for students who travel a specified distance for bus passes at no cost. 	<p>Learn more about the opportunities, Connect with the Metro PR/PIO Department.</p>

						<ul style="list-style-type: none"> • A recommendation for a free fare for youth is included in the SRTP 	
1.4 Encourage bus drivers to provide late slips for students on school days when the bus company is at fault	Not Started	Pasadena Transit DOT PUSD Day One	✓			<p>Meet with the Transportation Department to see if this is a possibility.</p> <p>This was discussed in a meeting with students in April 2017 as part of the SRTP planning process; transit operations would make this difficult to accomplish</p>	<p>Create student survey/focus groups to identify need/ service gaps</p> <p>DOT- will look into outlining a process to notify PUSD attendance staff when substantial disruptions in schedule adherence during school arrival times are noted</p>
1.5 Expand existing bus routes to allow buses to travel further without the need to transfer.	Not Started	Metro Pasadena Transit Pasadena DOT	✓			<ul style="list-style-type: none"> • The review of how routes can be reconstructed is already part of the short- and long-range planning of transit routes; Expansion of services would impact funding and additional dedicated funding sources are needed. • Pasadena Transit considers all customers comments regarding g transfer points when doing schedule changes and continually strives to improve connections where needed. 	<p>Create student survey to identify need/ service gaps</p> <p>City Council to consider SRTP recommendations in Spring 2019</p>
1.6 Stick to the bus schedule publicized during peak times	Not Started	Metro APP Pasadena Transit DOT	✓			<ul style="list-style-type: none"> • Every effort is made on a daily basis to maintain excellent on-time performance. This is part of our current program • Pasadena Transit tracks bus runs in real time and broadcasts bus location information over multiple media platforms. Schedule adherence is regularly evaluated and every effort is made on a daily basis to maintain excellent on-time performance. 	<p>Create student survey to identify need/ service gaps</p>
1.7 Look at the routes	Not Started	Metro				<p>Convene focus groups with students to</p>	<p>Create student survey to identify</p>

where Altadena and Pasadena bus lines meet and consider better connections and transfers at the same bus line/stops		Pasadena Transit DOT	✓			identify gaps in services. Pasadena Transit staff met with students in April 2017 as part of Short-Range Transit (SRTP) plan process; feedback was incorporated into SRTP	need/ service gaps City Council to consider SRTP recommendations in Spring 2019
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Strategy 2: Improve and encourage bicycle safety at schools

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
2.1 Provide basic bicycle workshops for teens (e.g., traffic skills 101, bikes and transit, how to lock a bike, use Mobile phone Apps-GPS systems) with helmet & lights provided that fulfill P.E. credit	2015 - Ongoing	Day One BikeSGV Kaiser Huntington Business partners Metro DOT Parks & Rec. PUSD Athletics	✓	✓	✓	<p>Bike SGV, Day One, and Metro offered FREE traffic skills courses; Bike SGV providing FREE Learn 2 Bike classes that are open to PUSD students. Pasadena DOT / PUSD awarded CA-ATP Cycle 3 funding for a two-year Safe Route to School project (slated launch 2019)</p> <p>DOT partners with CICLE to provide access to and support workshops and rides during bike week.</p> <p>Pasadena DOT awarded CA-ATP Cycle 3 funding for a two-year Safe Route to School project. The project will begin in Spring 2019. Day One, PUSD, DOT working on this together.</p> <p>Transportation is currently distributing helmets and light sets via an OTS grant; program will cease when grant funds are expended. This was the Ride Right, Ride Bright bicycle safety outreach campaign- Day One helped administer.</p> <p>Day One provided 5 Bike Repair workshops at the Pasadena Job Center-effectively providing training to 100 local cyclists from 10/2017 – 02/2018.</p>	<p>Expand education programs and opportunities in Pasadena</p> <p>Safe Routes to School Program with PUSD and City of Pasadena to include bicycle workshops, traffic skills 101 from 2019-2021.</p> <p>Continue education programs in Pasadena</p>
2.2 Create cycling clubs on PUSD campuses and provide	Not Started	Day One BikeSGV PAA		✓	✓	Metro provided Bike Safety training for PE instructors in 2016.	Provide Bike Safety training to Parent leaders.

education on bicycle safety, trails, etc.		Business Partners PCSC LACBC PUSD Athletic Dept. Clubs				Pasadena DOT awarded CA-ATP Cycle 3 funding for a two-year Safe Route to School project, that will be administered by Day Transportation Department partners with CICLE to provide access to and support workshops and rides during bike week annually.	Student Bike Trains are to begin in Spring 2020 Muir HS, MTB Team just started and could expand
2.3 Encourage students to bicycle by offering events at schools, Tour de Dena, school races, Bike in Movies, Bicycle swap meets, contests (e.g., bike-to-school week competitions	Not Started	Day One BikeSGV PAA Business Partners PCSC LACBC PUSD Athletic Dept. Clubs	✓	✓	✓	Pasadena DOT awarded CA-ATP Cycle 3 funding for a two-year SRTS Program Free Pop-up Bike repair provided at Holden Block Party to 75 students. Three Day One Youth Advocates were selected to conduct bicycle safety education, encouragement, and outreach from March-September 2018 in the City of Pasadena.	Convene a meeting with partners to discuss and develop an annual calendar of events. Safe Routes to School Program with PUSD and City of Pasadena to include walk and bike encouragement events such as Walk to School Day, Bike Week, Bike in Movies from 2019-2021.

Strategy 3: Improve bicycle infrastructure and services in Pasadena

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Develop new and expand existing bicycle lanes that connect schools and neighborhoods	2015-Ongoing	DOT Public Works Dept. Day One BikeSGV Pasadena Complete Streets Coalition PUSD	✓		✓	PasadenaDOT, Day One, BikeSGV, and PUSD collaborated on Safe Routes to School Application in 2015 and 2016; application awarded CA-ATP Cycle 3 funding for a two-year Safe Route to School project (slated launch 2019) (Bike Plan Adopted) Day One awarded contract to work with DOT, BikeSGV, and PUSD to implement SRTS program. Pasadena DOT will continue to install Roseways (Bike Route) signage in 2019.	City could allocate some of the anticipated \$2 million / year in annual, unrestricted "Local Return" funding to improve local bikeways

3.2 Create a network of protected bike lanes	Ongoing	DOT PublicWorks Day One BikeSGV Pasadena CSC Art Center Cal Tech PCC	✓		✓	<p>Union St. Protected Bikeway has received \$3 million in County funding, and may receive another \$3.1 million of CA-ATP Cycle 3 funding (TBD). \$6.2 million required to install 2-way protected bikeway from Hill Ave to Arroyo Parkway</p> <p>Union St. Protected Bikeway Project is fully funded and currently in the design phase. Construction is scheduled to be completed by the end of 2022</p> <p>Cordova St. Road Diet Project is fully funded and currently in the design phase to install buffered bike lanes from Hill to Arroyo Parkway. Construction is scheduled to be completed by 2022</p>	City will begin to receive Measure M funding (\$2mill/yr) in late 2017; funding may be used on protected bikeways
3.3 Add additional bike racks city-wide (U-racks, bike lockers such as ones at Memorial Park Gold Line station)	Not Started- (To start in 2017)	DOT Metro Day One BikeSGV Business PCSC PUSD Athletic Dept. Clubs	✓			<p>Bike parking and access is limited on school campuses; Bike lockers and racks are limited at businesses and Goldline Stations</p> <p>Pasadena DOT will continue to install bike racks on public right-of-way on a request basis.</p>	City will receive Measure M “Local Return” (\$2million/yr) in late 2017; funding may be used on bike racks
3.4 Install bicycle repair stations around Pasadena	Not Started	DOT Public Work Business Chamber PUSD	✓			City of Pasadena opened in 2017 and was cancelled in 2018 due to low participation numbers.	Safe Routes to School Program with PUSD and City of Pasadena to include Bike Repair station at PUSD school from 2019-2021.
3.5. Launch local Bike Share Program. PUSD schools could be a location for future Bicycle Share stations. Allow school ID for check out	Not Started - To start in Summer 2017	DOT PUSD	✓	✓		<p>Bike Share scheduled to Pasadena open in summer 2017. Station locations currently being finalized with public input</p> <p>Bike share program was cancelled in 2018 due to low participation numbers.</p>	Gather and provide student/youth input on bike share locations.

3.6 Develop app for cyclists (that includes streets with bike lanes, location of repair stations, bike racks, and local bicycle groups/shops (ARTs/Metro Stops)	Not Started	Business partners DOT PUSD Technology	✓	✓		PUSD launched district-wide mobile phone app in 2016 which includes Bus Routes Pasadena DOT is developing citywide bike map app for mobile users.	Approach potential partners. Add Bike safety information and routes to PUSD App
3.7 Create/promote cool helmets; thin, light, durable	Not Started	Business partners Art Center Cal Tech			✓	Huntington Hospital feedback on materials Day One Youth Advocates conducted bicycle safety education, encouragement, and outreach from March-September 2018 in the City of Pasadena.	Calendar distribution dates and sites.
3.8 Develop monthly family-friendly bike ride	Ongoing	Day One BikeSGV PUSD		✓	✓	4 years- Bike Train (Bike SGV)	Safe Routes to School Program with PUSD and City of Pasadena to include Bike Train rides with PUSD schools from 2019-2021.
3.9 Develop a bicycle co-operative to provide inexpensive space to repair and learn maintenance	Not Started - To start in 2019	Day One Bike SGV PUSD Incycle Polytechnic	✓	✓	✓	Funded CA-ATP Cycle 3 SRTS proposal includes a Task to launch a student/family-focused bicycle cooperative on 1 of 9 "high-need" PUSD campuses	Safe Routes to School Program with PUSD and City of Pasadena to include bicycle co-operative with Active SGV schools from 2019-2021.

YOUTH MASTER PLAN

PRIORITY AREA 6: Drugs, Alcohol & Tobacco Pasadena is committed to advancing positive health by providing youth friendly alcohol and drug prevention intervention and support services to youth.

Strategy 1: connect teens to city resources that offer prevention, educational awareness, and intervention treatment for tobacco, alcohol and other drugs

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
1.1 Educate teens on the causes and effects of substance abuse	Ongoing	Day One PPHD YMO PUSD PYA BGCP		✓	✓	<p>Pasadena Youth Ambassadors meet bimonthly to work on a tobacco free Pasadena and its surrounding areas.</p> <p>Day One hosts weekly youth advocate meetings to train middle school, high school, and college students to be positive role models, ambassadors for healthy lifestyles, and informed and engaged members of their communities. Youth learn about public and community health issues and techniques to resist social pressures to use alcohol, tobacco, and other drugs.</p> <p>Additionally, Day One provides:</p> <ul style="list-style-type: none"> ● Substance abuse prevention education and mentoring to students at Rose City High School. ● Substance abuse and skill building education to middle school girls at Washington STEAM Multilingual Academy. ● 5-weeks of substance abuse prevention education to an average of 100 PUSD students per session via SKILLZ Summer School ● Interactive DUI prevention education and simulations for students across PUSD. ● Opportunities for students to work with local liquor stores in order to reduce youth access to alcohol by implementing Project Sticker Shock. ● Substance abuse prevention sessions for participants of PUSD’s Alternative to Suspension program. <p>PPHD provided project alert drug prevention education to a range of middle school students.</p>	Continue to host ongoing youth meetings and will identify innovative ways to provide prevention education to youth.
1.2 Develop and	Annually	Day One				Library has copies of Youth Yellow Pages (Teen Line) and has	Work with

distribute youth friendly Survival Guides to Youth serving agencies; supplement SG with youth programs, activities, schools. Ensure teachers and counselors know		Youth Moving On PAL/PPD Teachers	✓	✓	✓	developed online resource guide with hotlines and relevant resources. Day One has developed the LiveLOUD app that is live and available to be downloaded in the apple app store. We are in the process of populating partners and opportunities in the app to support youth success.	community partners to develop Survival Guides.
1.3 Utilize resource fairs at schools to educate youth on programs in the community. Create an APP	Ongoing	Day One PPHD YMO Foothill Family		✓		Day One regularly attends school and community events in order to distribute: <ul style="list-style-type: none"> Alcohol, Tobacco, Marijuana, and other drug health and safety information Information about local youth programs, events, and activities 	Populate the LiveLOUD APP
1.4 Use City's website and create a youth friendly webpage where teens can post activities and events	Ongoing	City of Pasadena PUSD	✓		✓	Fuller Seminary, All Saints Church, and the City of Pasadena are currently collaborating to develop an online resource directory that can be utilized. Once this tool is developed NPO's can partner to actively promote and activate the use of the site. Day One developed and launched LiveLoud App to connect youth to resources and services.	Check in with website project leads to identify projected launch date
1.5 Create PR campaign targeting youth led messages i.e. drug use, depression, help lines, affirmations –positive language). Social Media/Print media PSA-Campaigns. Place posters on campuses and community-based organization sites.	Ongoing	Day One PPHD PUSD Youth Moving On	✓	✓	✓	PPHD launched anti-smoking ad campaign; Day One provides public service announcements and prevention messaging through social media platforms.	Day One will continue to develop PSA's and work with youth to develop campaign messages.
1.6 Advance communication between teens peers/teachers by	Ongoing	PUSD Day One ASB PTA's		✓	✓	Day One partners with ELAC, PACTL, and the PUSD Family Resource Center to provide free AOD (Alcohol and other Drug) workshops, presentations, and trainings for parents, staff, and youth.	Day One will coordinate in Classroom Workshops

conducting workshops and encouraging teachers						Day One hosted Underage Drinking Town Halls to highlight the reality of teen parties and facilitate conversations with parents and teens.	
1.7 Support teachers and help them to create a safe environment in their classrooms — to talk about drugs/alcohol	On a semester basis	PPHD Day One Action Impact		✓	✓	Develop a series of interactive curriculum that teachers can call on Nonprofit agencies to share with their classrooms. Day One developed a menu of AOD workshops and trainings for parents, youth, and community members. Thanks to a partnership with PUSD, Day One provided a drug recognition and CPR training.	Continue to provide technical and educational materials
1.8 Create parent education networks/support	Ongoing	PUSD NPO's PTA BGCP		✓	✓	PUSD Parent Resource Center has developed a list of parent workshops and opportunities available to parents. NPO's have to help encourage more parents to attend.	Increase awareness of parent class

Strategy 2: Develop a positive and supportive referral for teens who are caught using drugs/alcohol rather than punitive ones

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
2.1 Expand the use & awareness of the IMPACT program on school campuses	Ongoing	Impact PUSD Parents		✓		Convene a meeting with the Parent Resource Center, Impact, and AOD community partners to discuss how we can increase program information and support.	Let parents know about impact and the resources they provide
2.2 Provide positive continued support to youth post recovery/treatment by encouraging active community involvement.	Ongoing	Day One Impact Foothill Family Pacific Clinics		✓	✓	Day One staff has continued to provide support via individual and group sessions in order to encourage positive community involvement and healthy decision making. Between 2016-19 Day One provided support via 566 individual sessions.	Continue to provide support to students.
2.3 Provide meaningful counselling to ATOD youth; including peer youth support meetings in a confidential setting	Ongoing	Impact Action YMO Day One PPHD Foothill Family		✓	✓	Work with impact and PUSD to connect youth with community organizations for continued support	Invite local AOD partners to participate in the EAD meetings.

Strategy 3: Develop Peer Guide Program

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Develop alcohol and other drug curriculum for PUSD schools	Annually	PPHD PUSD		✓	✓	Assess current AOD trainings that are provided to PUSD and identify opportunities for program enhancement.	Partner with PUSD HP Dept. on this
3.2 Provide PUSD with Alcohol, Tobacco, and Other Drugs curriculum)	Ongoing	Day One LA County PPHD PUSD			✓	Day One continues to provide ATOD education at the SKILLZ Summer Program using the Botvin Life Skills evidence based program.	Day One will share ATOD curriculum with PUSD.
3.3 Reinstate health education classes in order to teach ATOD curriculum	Ongoing	PUSD PPHD		✓		PUSD Health Classes were adopted by the school board-but the requirement is on hold due to the class schedule.	Follow up with PUSD
3.4 Create an easily accessible network for peer educators	Ongoing	Day One Impact Action		✓	✓	Identify a list of active peer educators and share their information with PUSD.	Develop list.

Strategy 4: Challenges: Potential Barriers

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Developing trusting relationship/space where youth are respected and can speak freely on ATOD issues	Ongoing	Teen Centers Day One YMO Teachers BGCP Flintridge		✓	✓	Day One has continued to host weekly Youth Advocate meetings where teens can freely express ATOD concerns. PUSD Impact program provides youth with a safe place to share experiences- we need more of this.	Day One will continue hosting weekly meetings.
3.2 Increase knowledge of affordable treatment options for youth	Ongoing	Impact Action Social Model	✓	✓	✓	Include information on City public Health website, resource directories 2019 Pasadena Mental Health Resource Guide published by Pasadena Mental Health Advisory Committee and Pasadena Public Library	Compile list of all available services

3.3 Availability of ATOD youth services in the San Gabriel Valley	Ongoing	RAD Pacific Clinics Day One	✓	✓	✓	Day One has conducted outreach at all four PUSD high schools and middle schools to inform students of available services.	Compile list of all available services.
3.4 Acceptance of specific medical providers such as Medi-Cal, HMO's, PPO's.	Ongoing	Impact Foothill Families	✓	✓	✓	Conduct research of what insurances cover and include in city public Health website, resource directories	Use SAMSHA database.

Strategy 5: Resources: People/Things that can help you reach your goals

Action(s)	Timeframe	Partners	City	School	Community	Progress/Resources/Notes	Next Steps
3.1 Organizations that currently provide drug prevention/intervention services	Annual	Day One PPHD Impact Action		✓	✓	Develop a directory regarding the organizations and services provided by AOD partners in the city.	Develop the directory.
3.2 Identify centers at PUSD Schools and other sites around the city like: Day One, PPHD, YMO, County of LA Wellness	Annual	Day One YMO PUSD PPHD	✓	✓	✓	Develop a directory that can be shared with PUSD and the City regarding the organizations and services provided by AOD partners in the city.	Partnership CYF to meet with PUSD