From:

City Web

Sent:

Monday, May 18, 2020 11:24 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

### Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name

lorelie Evangelista

**Email** 

Phone

Address

City

Pasadena

State

 $\mathbf{C}\mathbf{A}$ 

Zip Code

91107

**Meeting Date** 

May 18, 2020

Agenda Item

16B

Number

Comments

Allowing for the gym to partially open will help the members maintain a mentally and physically stable life. I'm a Medical Social Worker caring for patients and families in ICU. It's a physically and mentally daunting job. My only outlet is working out, I've been limited to youtube videos, although it has helped. It is the the same as I don't have to physical moral support from my gym members.

05/18/2020 Item 16 B I consent to have Yes my comment read out loud during the meeting.

User Information IP Address: 63.247.1.254 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:25 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item B16

## Public Comment for Meeting on May 18, 2020 about Agenda Item B16

Name

**Manuel Macias** 

Email

 $\mathbf{n}$ 

Phone

Address

City

Pasadena

State

California

Zip Code

91105

**Meeting Date** 

May 18, 2020

Agenda Item

**B16** 

Number

Comments

To who it may concern, please consider allowing small BOX gyms (Bootcamp/Crossfit) type to be able to reopen sooner. Since these gyms have smaller membership they can pivot and can hold parking lot, or Park group workout s until they can fully open up again. My gym Hardcore fitness Pasadena is a responsible gym that keeps its members safe while keeping hour physical and mental health at an

05/18/2020 Item 16 B optimum. Please consider opening up these privately owned gym sooner with appropriate safety restrictions.

Thank you again for your attention

**Manuel Macias** 

I consent to have No my comment read out loud during the meeting.

User Information IP Address: 107.77.230.54 User-Agent (Browser/OS): Google Chrome 81.0.4044.138 / Android Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:26 AM Public Comment; City\_Council

To: Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

# Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name

Ida Sweetwater-Trinh

**Email** 

-

Phone

Address

City

Arcadia

State

CA

Zip Code

91007

**Meeting Date** 

May 18, 2020

Agenda Item Number

16B

Comments

I support our Hardcore Fitness Gym in Pasadena to provide

outside grass area workouts for us gym members. They will do

it in a safe. Thank you for your consideration.

I consent to have my

No

comment read out loud

during the meeting.

User Information IP Address: 23.240.198.188 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:27 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

## Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name

Sean R. Sansone

Email

Phone

Address

City

San Gabriel

State

CA

Zip Code

91775

**Meeting Date** 

May 18, 2020

Agenda Item

16B

Number

Comments

I fully support item 16B and would really appreciate the permitting of the workouts as described. I know we can abide by the new normal with regards to social distancing during workouts. For many of us, working out is a big part of our daily lives for our physical and mental well being and it would be ideal to get back to this way of life.

Thank you very much!

05/18/2020 Item 16 B I consent to have Yes my comment read out loud during the meeting.

User Information IP Address: 71.84.247.226 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:31 AM

To: Subject: Public Comment; City\_Council

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

# Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name

Darlene Gallegos

Email

Phone

Address

City

**Baldwin Park** 

State

CA

Zip Code

91706

**Meeting Date** 

May 18, 2020

Agenda Item

16B

Number

Comments

Please consider on giving this opportunity to make classes available for us until the gym is able to fully open. The gym being closed has been very difficult for me to keep sane with the pandemic we are going through. It's been very emotional and mentally draining. Having the opportunity to take classes while still being social distancing would help me emotionally and mentally while I get through this pandemic. We all are trying our best to feel normal

during this difficult time and it hasn't been easy. Physically emotionally and mentally the gym has helped me overcome so many obstacles and has been such a great impact to be where I am today and I don't want this pandemic to hurt the process I have made.

Thank you for your time and hope you approve to help the community and myself!

I consent to have No my comment read out loud during the meeting.

User Information IP Address: 64.60.133.19 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:32 AM

То:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16b

# Public Comment for Meeting on May 18, 2020 about Agenda Item 16b

Name

Cynthia Lee

Email

Phone

Address

City

Pasadena

State

CA

Zip Code

91107

**Meeting Date** 

May 18, 2020

Agenda Item

16b

Number

**Comments** 

Good afternoon everyone.

I am a full-time mother, adapting to home schooling a 5-year-old and I am a full-time healthcare provider, adapting to tele-heath while working from home and in the office.

I miss my gym and having a trainer encouraging me while exercising. I miss connecting with my gym family. I used to give

myself one hour per workout session, time times a week. Times are very stressful and we need to exercise our minds and bodies.

Our stay home order is very important to keep us and the community safe during COVID-19 outbreak. The City of Pasadena are allowing us to take walks, ride a bike, jog and enjoy our beautiful City while keeping 6 feet apart. I believe we can continue to follow these guidelines while having a small group of people working out together whether in the parking lot of our gym or a local park.

We will promise to honor our social distancing while keeping or hygiene care at high standards.

Thank you for listening.

I consent to have my Yes comment read out loud during the meeting.

User Information IP Address: 174.193.210.89 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:32 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

# Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Name

Luis A Lainez

Email

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m

Phone

Address

City

Los Angeles

State

CA

Zip Code

90065

**Meeting Date** 

May 18, 2020

Agenda Item

16 B

Number

Comments

I stand by 16B, which is giving us citizens the option of being able to do small group workouts in an area such as a parking lot or park. I believe this is important in such a crucial time for us citizens as most people may find it hard to workout from their home, or cant seem to motivate themselves or have any sort of equipment. Also this can help them get motivated and have interactions with a fitness instructor as well as get advice to stay on a diet and the instructor is

there to help answer any questions we may have. This is important for us as our gyms are still closed and we are struggling because of it because the gym serves as a therapeutic place for us. I hope you consider this. Thank you.

I consent to have No my comment read out loud during the meeting.

User Information IP Address: 172.58.31.206 User-Agent (Browser/OS): Google Chrome 80.0.3987.162 / Android Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:33 AM

To: Subject: Public Comment; City\_Council
Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

# Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Name

**Oscar A Martinez Turcios** 

Email

Phone

Address

2

City

Pasadena

State

CA

Zip Code

91107

**Meeting Date** 

May 18, 2020

Agenda Item

16 B

Number

**Comments** 

To the respected Consul members of Pasadena California. I am writing to you and encouraging you to allow gyms to open, as is essential to our healthy life style and is our right to pursue what makes us LIVE and HAPPY, and Should be FREE on doing what we please (with precautions ofcourse) as is written in our Declaration of Independence. I strongly encourage you to hear us out and to allow us back to our healthy life style.

I consent to have Yes my comment read out loud during the meeting.

User Information IP Address: 99.203.75.237 User-Agent (Browser/OS): Google Chrome 81.0.4044.138 / Android Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:33 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

# Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name Joanne Martinez

Email

j

Phone

Address

City Glendale

State Ca

Zip Code 91206

Meeting Date May 18, 2020

Agenda Item Number 16B

Comments In regards to item 16B, I fully consent and

agree upon this item.

I consent to have my comment read out Yes

loud during the meeting.

User Information IP Address: 47.28.100.84 User-Agent (Browser/OS): Google Chrome 75.0.3770.143 / Android Referrer: https://www.cityofpasadena.net/city-clerk/public-comment

05/18/2020 Item 16 B

From:

City Web

Sent:

Monday, May 18, 2020 11:34 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

## Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name

Doreen

Email

Phone

Address

City

Los Angeles

State

 $\mathbf{C}\mathbf{A}$ 

Zip Code

90032

Meeting Date

May 18, 2020

Agenda Item

16B

Number

Comments

I'm writing today in regards of getting some kinda of opening for the gym I attended before the shut down! Hardcore fitness Pasadena. I really miss and need my gym community it has helped me stay healthy! I've found to have had many obstacles since the gym has been shut down! This fit community is a must is good for all areas not just physically but mentally as well. It would definitely help to start a little reopening at a time with distance of COURSE! Safety

and that has always been hardcore fitness main priority! Hope you can take this in to consideration! So many of us can get to some kind of normal!!!

Thank you,

Doreen ulloa

I consent to have No my comment read out loud during the meeting.

User Information IP Address: 172.113.46.87 User-Agent (Browser/OS): Apple Safari 13.0.5 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:38 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

# Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Name

Janice SAN JOSE

**Email** 

Phone

Address

1

City

**ARCADIA** 

State

CA

Zip Code

91007

**Meeting Date** 

May 18, 2020

Agenda Item

16 B

Number

Comments

I am strongly asking for your consideration in partially opening our gym with safety measures in place, It would help me and many others with maintaining our mental health. It has been trying times, and working out in some type of group setting with social distancing in place would help extremely. Our gym is community based and just being able to work out again in a safe setting would be amazing. Thank you for your time and consideration.

I consent to have my Yes comment read out loud during the meeting.

User Information IP Address: 172.12.89.182 User-Agent (Browser/OS): Google Chrome 75.0.3770.143 / Android Referrer: https://www.cityofpasadena.net/city-clerk/public-comment

From:

City Web

Sent:

Monday, May 18, 2020 11:39 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

# Public Comment for Meeting on May 18, 2020 about Agenda Item 16 B

Name

German Monterroso

Email

Phone

Address

City

Sun Valley

State

CA

Zip Code

91352

**Meeting Date** 

May 18, 2020

Agenda Item Number

16 B

**Comments** 

I am in favor of allowing Hardcore Fitness Pasadena

yo attend open workouts outdoors.

I consent to have my comment

No

read out loud during the meeting.

User Information IP Address: 174.193.196.21 User-Agent (Browser/OS): Apple Safari 13.1 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:40 AM

To:

Public Comment; City\_Council

Subject:

Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

## Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name

**Andrew Huang** 

**Email** 

٤

Phone

Address

City

Pasadena

State

CA

Zip Code

91107

**Meeting Date** 

May 18, 2020

Agenda Item

16B

Number

Comments

To have gyms and recreation centers to be classified as a nonessential business is a detriment to not only the public, but to ourselves. As a frontline healthcare worker, i can guarantee you that the reopening of gyms and recreation centers are an indeed essential. According to the most recent CDC report, over 100 million Americans are diagnosed with diabetes; another 84 million are pre-diabetic, or don't even know it. If left untreated, it can lead

to type 2 diabetes within 5 years, or even faster. Risk factors include cardiovascular disease, kidney damage, and nerve damage to name a few. If left untreated, amputations of the infected extremity is required. The only cure for diabetes is management of their insulin, diet and exercise. As a first responder, I guarantee you that the reopening of these businesses are an integral part of keeping us under the curve. By maintaining an active routine, one has a higher chance of fighting off the infection by staying healthy. With the help of the City of Pasadena, and the owners of Hardcore Fitness Pasadena, I know they are more than capable of achieving this goal and by continuing to flatten the curve.

I consent to have my Yes comment read out loud during the meeting.

User Information IP Address: 23.240.198.214 User-Agent (Browser/OS): Apple Safari 11.1 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/

From:

City Web

Sent:

Monday, May 18, 2020 11:40 AM

To:

Public Comment; City\_Council

**Subject:** Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

## Public Comment for Meeting on May 18, 2020 about Agenda Item 16B

Name

Dana

Email

m

**Phone** 

Address

City

Pasadena

State

CA

Zip Code

91107

**Meeting Date** 

May 18, 2020

Agenda Item

16B

Number

Comments

The recent events regarding the pandemic has affected the

community more than just staying away from our normal way of

life.

Each person has their outlet. Their way of keeping themselves as a

forward moving member of society. For many of us this outlet is

fitness. And also for many of us, including myself, we live in

environments (such a apartment complexes) that do not appreciate

the type of exercise we enjoy and need the most.

As a trainer I know and see first hand the positive affects regular exercise has on ones mental and physical well being. Staying active and taking care care of ones body helps improve the immune system as well gives us more stamina to get us through the ever unfolding events surrounding us around the world.

We promise, with all our hearts, to follow safety guidelines and keep each other safe. Please give us a chance to build hope and togetherness (yet, still apart) as the fitness community thrives off releasing our energy, improving our minds and bodies, and proving to ourselves that we are strong enough to push through the hardest anything.

I consent to have my Yes comment read out loud during the meeting.

User Information IP Address: 172.58.28.11 User-Agent (Browser/OS): Apple Safari 13.0.5 / OS X Referrer: https://www.cityofpasadena.net/city-clerk/public-comment/